



**Stephan Tobin, PhD**  
Clinical Psychologist  
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## **MULTI-THEORETICAL SUPERVISION GROUP** ***For Therapists***

This supervision group will integrate psychodynamic, existential-humanistic and relational approaches to psychotherapy. It will attend to the supervisees' emotional reactions to clients, which can be both a source of conflict and stuckness, but also a source of important information about clients' attachment styles and causes of distress. The group provides a safe, supportive environment for the supervisees to discuss openly issues they are having with their clients and to have the opportunity to receive feedback from other members as well as Dr. Tobin.

- **Focus:** on the therapist-client as an intersubjective dyad, co-creating the therapeutic content.
- **Exploration:** of common factors that apply across all forms of therapy, particularly the therapeutic alliance.
- **Examining:** enactments between therapist and client, exploring transference and counter-transference issues.
- **Schedule:** Twice monthly
- **Locations and meeting options:**

**#1: Fridays**  
**9-10:30AM**  
**2106 NE 40th Ave**  
**Portland, OR 97212**

**#2: Wednesdays**  
**10-11:30AM**  
**West Linn, OR 97068**  
(address will be furnished to participants)

- **Fee:** \$60 per group session
- **Call:** (503) 699-5534
- **Leader:**  
*Stephan Tobin, Ph.D.*, has over 35 years experience as a licensed psychologist practicing in California, Washington and Oregon; and teaching, training and supervising therapists internationally. He co-founded a mental health center and Gestalt training institute in Los Angeles, and has taught full time at UCLA and part time at several colleges and professional schools in California. He has written numerous articles integrating existential-humanistic and psychodynamic approaches to psychotherapy. He is on the editorial board of the *Journal of Humanistic Psychology* and has been certified in EMDR and by Fritz Perls in Gestalt Therapy.